



Coopers Hill Lawn Tennis Club: Group Coaching Protocols

Following guidance from the Government, these are the measures we have in place for our group coaching at the Club. We cannot emphasise enough the importance of following these measures and very much look forward to your cooperation.

Group Sizes: While the current Government Guidance is that we are permitted to coach groups of up to 15, we will be limiting class sizes to 8 children for our Red, Orange and Green Ball Groups and 10 children for our Yellow Ball groups. Adult groups will be limited to a maximum of 12 participants. The Coaching Team believes that limiting group sizes will be beneficial to those receiving the coaching, while also prudent in the current climate.

Bookings: It is absolutely vital that all members who are attending Coaching book in using our online booking system. The Coaching Team has an obligation under the Track and Trace system to record all of the members who are having Coaching and the Booking System forms the Club's record. Unfortunately we will not be able to allow members not booked in using this way to attend a Coaching session. Coaching Bookings should be made by visiting: <https://www.coopershilltennis.co.uk/app>

The Booking System goes live every Monday morning for slots for the coming week. Spaces in groups will be allocated on a first come first served basis. Should a group be full, members can register to be on standby for that group but should not come to the session unless their booking status is updated to 'Booked.' An email will be sent under these circumstances to the member informing them of this.

Payment: Cash payments should be made into the box which will be by the entry gate of the court where the coaching is taking place.

Tennis Balls: Players may pick up Tennis Balls. However, extra care must be taken to ensure that all participants do not touch their faces during play. If you need to sneeze or cough, please do so into a tissue or upper sleeve. All players will be required to clean their hands before the session and immediately after finishing using alcohol sanitizing gel. This will be provided by the Coach.

Rackets: There is to be no sharing of rackets.

Clubhouse: The Clubhouse remains off limits unless members are using the toilets.

Guardian Attendance: Guardian attendance is permitted, but should be limited to one per child where possible, with social distancing observed while watching the session. We politely request that parents refrain from picking up any Tennis balls, spots or any other equipment that is either on or off the Tennis Courts.

One Way System: On Saturday mornings, children should arrive for their lesson down the main path past the Football Clubhouse. Children should wait on the grass strictly at least two metres apart. Children will be called to the court by their coach and should not enter the path between the courts without being instructed. Children are to exit their lesson via the opposite gate by Hollycombe. It is vital that parents arrive punctually to collect their children at the end of the lesson. The one way system does not apply to Adult Coaching sessions, the Tuesday Evening Junior Coaching and Half-Term Coaching as sessions are not running successively.

General Covid-19 Reminders: We would again remind members that you will be using the courts and the clubhouse at your own risk. As you are aware, taking part in any activity has the potential for increased risk of

transmission of Covid-19. As always, no-one should leave home to participate in Tennis if they, or someone they live with, has symptoms of Covid-19, currently recognised as any of:

- A high temperature

- A new, continuous cough

- A loss of, or change to, their senses of smell or taste

Should an individual have demonstrated any such symptoms, they must follow NHS and Public Health England guidance on self-isolation.

Should the sessions need to be cancelled for any reason, a member of the Coaching Team will be in touch. Thank you for your cooperation with this matter and we look forward to seeing you on court.

Kind Regards

The Coaching Team